

(Cranberry juice extract + Vitamin C)

### COMPOSITION

# PRODUCT OVERVIEW

**Synobery** is a combination of natural / nutraceutical substances useful to maintain a healthy bladder, prevents urinary tract infections & boost immunity.

**Cranberry** has an extensive history of use for treating UTIs as a non-pharmaceutical approach for the prevention of UTIs. Cranberry juice extract has anti adhesion and bacteriostatic action in addition to acidification property of urine. The high level of proanthocyanidins (PACs) in cranberries helps reduce the adhesion of certain bacteria (*E. coli*) to the urinary tract walls and fighting off UTIs. Cranberry also provides potent antioxidant support. Numerous reported clinical studies validate the use of Cranberry extract in the prevention and management of UTIs.

**Vitamin C** supports the body in several ways, one of which is its role in immune function. Since certain bacteria are not able to thrive in acidic environment, Vitamin C is effective at halting growth of *E. coli*. Vitamin C has antioxidant attributes that helps body absorb bioflavonoid. Bioflavonoid helps in removing toxic radicals thereby improving body immunity that prevents bacterial growth in the urinary tract.

## **MODE OF ACTION**

Proanthocyanidins (PACs) in cranberry prevent bacteria from adhering to the walls of the bladder and urinary tract. As a secondary measure, cranberry changes the pH of the bladder to be more acidic, preventing the growth of bacteria. All of these effects inhibit the bacteria's ability to attach to cells lining the bladder wall, prevent the bacteria from making contact with cells and disrupt bacterial communication. In this way *E. coli* can be flushed out in the urine instead of causing an infection.

# **INDICATIONS**

Prevents Urinary Tract Infections

Relieves symptoms such as urinary irritation, discomfort & burning Decreases Inflammation Improves Immune Function

# **GENERAL BENEFITS**

- Prevents Urinary Tract Infections
- · Natural approach to support normal body function
- · Improves prostate health
- Potent source of antioxidants
- · Beneficial effect on LDL

· Good for oral hygiene

# CONTRAINDICATION

Not established

## **ADVERSE EFFECTS**

Cranberry is very safe if taken as per the recommended dose.

#### DOSAGI

The recommended daily dose is one to two sachets daily or as directed by the healthcare provider. Do not exceed recommended daily dose.

## PREGNANCY & BREAST FEEDING

Cranberry has been deemed safe for pregnant and breastfeeding women.

### INSTRUCTIONS

Keep in a cool and dry place. Protect from light, heat and moisture. Keep out of the reach of children. Opened sachet must be used immediately.

#### **PREPARATION**

Add the contents of sachet in a glass of water and mix thoroughly.

### **PRESENTATION**

Synobery Sachets are available in pack of 10's

طریقه استعال: ساشے میں موجود پاؤڈر کو ایک گلاس پانی میں حل کر کے فوری استعال کریں۔ کھلا ہواسا شے دوبارہ استعال نہ کریں۔ خوراک: ایک سے دو ساشے روزانہ یا معالج کی ہدایت کے مطابق استعال کریں۔ احتیاط: دھوپ اور شدیدگرمی سے بچائیں۔

Product Enlistment No. 0078 Product Enlistment No. 0078, 0030

Manufactured by: Nutrimed

Plot No. B-42, S.I.T.E. Super Highway, Phase-1, Karachi. Pakistan.

